

Course Date & Location

September 28, 2017
Santa Barbara, CA

Registration Information

Early Registration Fee - \$185

Full Registration Fee - \$225
after September 1, 2017

Please visit
www.coastalliedhealth.com
or call (805) 996-0899
to register.

Course Credits

Each participant will receive a certificate of completion for 6 contact hours / .6 AOTA CEUs.



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Who Should Attend

OTs, PTs, SLPs and other Allied Health Professionals working with preschoolers who are at risk for developmental delays. Teachers and Para-educators welcome to attend.

Faculty

Anne Buckley-Reen, OTR/L, RYT is a sought-after presenter, therapist and yoga teacher known for her innovative treatment programs. She has over 30 years of experience in pediatric therapy working with developmental and sensory motor challenges.

Anne is a consultant with NYC schools, a researcher and an international speaker. Anne brings a wealth of treatment options to pediatric therapy and continues to expand her knowledge and sharing through her dynamic training courses.

Location

Maraposas Project Clinic
621 West Micheltorena, Suite B
Santa Barbara, California

Cancellation Policy:

Learners may cancel up to 14 days before the start of the course. If you wish to cancel, please provide us with a written request via email or a letter mailed to

Coast Allied Health
PO Box 4037

San Luis Obispo, CA 93403

Cancellations will be refunded minus a processing fee of \$75. Please contact us for more information.

**Coast Allied Health Consulting and Education reserves the right to cancel a course at any time. We are not responsible for any expenses incurred by the learner except for course tuition reimbursement. Once a course is in progress, no refunds will be issued. We apologize for any inconvenience.*

TIPS: Therapeutic Interventions for Preschoolers Utilizing the Latest in RESEARCHED Brain-Body Development Strategies



presented by
Anne Buckley-Reen
OTR/L, RYT

September 28, 2017
Santa Barbara, California

sponsored by:



COAST ALLIED HEALTH
Consulting and Education, Inc.
www.coastalliedhealth.com
(805) 996-0899

Course Description

Therapists: Do you know what behavioral clues mean? Where to begin? How to engage a child who is stuck in “NO”? Which brain- body connections are prerequisites for skill development? How to build skills in developmental hierarchy? How to modify activities to address the immature or underdeveloped systems?

The foundational preschool years lay the groundwork for primary school readiness. Learn how to develop self-awareness, self-control, shared attention, communication, sensory motor registration, regulation, and higher level motor skills through therapeutic play, sensory, breath and movement routines.

Accessing therapeutic techniques in a developmental hierarchy will provide the new or experienced clinician with insights, strategies and resources.

Learn how to use evidenced based strategies to help the high risk preschooler who does not respond to traditional therapy, and to address a range of mild to severe challenges.

Course includes experiential labs and case studies.

Course Objectives

- **Describe** at least two developmental challenges that impact social, sensory-motor and emotional development for the preschooler.
- **List** two assessment tools to measure and document baseline levels of performance across systems.
- **Identify** at least three developmentally appropriate interventions to develop foundational skills for the preschooler.
- **Utilize** graded interventions to facilitate sensory motor systems in a developmentally hierarchal treatment plan.
- **Recognize** and **identify** symptoms of dysregulation in the preschooler.
- **Describe** simple interventions to regulate arousal, reduce meltdowns and enhance calm states.
- **Practice/Demonstrate** at least two warm-up activities that enhance readiness and brain- body connections for various skill development.

- **Describe** appropriate and fun, developmentally sequenced intervention strategies utilized to build motor skills and praxis.
- **Identify** communication strategies to support and develop sustained attention and enhance engagement.

**Please visit www.coastalliedhealth.com for a complete list of course objectives.*



Anne Buckley-Reen

Schedule

8:00 a.m. • Registration

- 1) Intro and overview**
 - My Background
 - Feedback from Participants – Complete Survey
 - Foundations for the Preschool Years
- 2) Identifying Challenges**
 - Clinical Observations
 - Preschooler Observation Checklist
 - Assessment Samples
- 3) Preparing For Change**
 - Internal environments (P Handout)
 - External Environments (Routines, Caregivers, Opportunities and MODELS)

4) Building Self-Regulation Foundations – Home/School/Therapy

- What can be Driving Self-Regulatory Issues
- Where to Begin
- Feeling Safe Inside and Out
- The Child with Self-Regulatory Challenges (Sam-Case Study)

5) A Visit to The Preschool Classroom

6) Enhancing Sensory Motor Connections for Improved Body Awareness and Skill Development

- Slide show, sensory-motor systems
- Making Connections with the Disconnected Child (Ryan-Case Study)
- Sample Session, Home Program, Preschool Classroom Warm-ups

7) Skill Building – A Bottom Up Approach

- Sequence the Session
- Hierarchy of Activity
- Build on the Basics
- Model the Way

8) Gross and Fine Motor Warm-ups for the Preschooler

- Foundational Skills for Motor Planning/Executive Function

9) Conclusion/Wrap Up

10) Discussion/Q & A

**One-hour lunch and two 15-minute breaks will be scheduled during the day.*